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CONTENTS

FEATURES

THE STORY OF THE COVER - THE SCHOOL LIBRARY	3 & 4
PAT HONEYBORNE'S ORANJEMUND DIARY	22 & 23
WHY ARE OUR TEETH TROUBLESDOME	26 & 27

SPORTS CLUBS' REPORTS

BOWLS	1
ANGLING	2
HOCKEY	5
RUGBY	8 & 9
MEN'S GOLF	11
LADIES' GOLF	11
SQUASH RACKETS	13
FOOTBALL	14

OTHER CLUBS AND ORGANISATIONS

BOY SCOUTS AND GIRL GUIDES ASSOCIATION	12
R.A.A. / V.L.V.	17
THE GARDEN CLUB ANNUAL BALL	19

MISCELLANEOUS

NEW BOOKS IN THE LIBRARY	2
A PLEA TO SAVE ROCK ART	5
'THE PARTY' AS SEEN BY OUR CRITIC	6 & 7
YOU AND YOUR GARDEN	10
THE SCRIPTURE UNIONS	10
THE SCRIPTURE UNION'S HOLIDAY CLUB '73	15
THIS MONTH'S WEDDING	16
SOME MORE RECIPES	17
WASHDAY BLUES	17
ALL ABOUT PEOPLE	19
CLASSIFIED ADS.	20 & 21
WHAT'S IN THE SHOPPING CENTRE	24
CINEMA PROGRAMME FOR AUGUST	24 & 25
	26 & 27

CREDITS : All cartoons by Tony Hooker, pins on pp 18 & 26 by Dennis Sykes. All other pins by S&J Pty.

IDENTITY DOCUMENTS—S.W.A. IS BEING GIVEN PRIORITY

WINDHOEK: The Department of Interior has undertaken to give priority to the issuing of identity documents to the residents of South West Africa. Thus, those of us, who have not already done so must now submit applications regardless of the fact of whether they have firearms licences or drivers licences.

At this stage, it is not necessary to submit applications for anyone under the age of fifteen. The application form S-1 3 must be submitted with photographs and should be completed in a clear print.

Complete instructions appear on this form. Photostatic copies of birth and marriage certificates are acceptable but original drivers licences must be submitted.

Persons who were born or married outside the borders of the Republic or South West Africa must supply their original birth and marriage certificates.

Applicants who are aware of the facts that their births have not been registered, or who have doubts about it having been done must enclose a baptismal certificate or a sworn statement must be completed giving the nationality, name and birth date of the applicant.

It is essential that applicants enclose the necessary photographs when making application. There is a controlled price for these pictures namely 50 cents per two photos. Without exception, applicants must write their initials, surname and birth date clearly on the back of the photographs.

If any confusion arises in connection with the filling in of the form the following offices can be contacted.

Magistrates offices, Police stations, sub-offices of the Administration of South West Africa, Regional offices of the Department of Interior Affairs.

bowls

The weekend of July 7th to the 9th saw the visit of 30 bowlers who visited us from various Cape Town Clubs. We were very happy to have them with us. The competition was keen amongst all the bowlers who participated in the Orange/Jamshed Challenge Cup games. Two games of eleven ends were played on Saturday afternoon and the same on Sunday morning and also Sunday afternoon. The standard of play was very good, but I think our heavy greens were the downfall of our visitors, Orange/Jamshed being both the Winners and Runners-up.

WINNERS

Skip: E. Young
Third: J. Buchanan
Second: E. Holland
Lead: J. Genade

RUNNERS-UP

Skip: A. Gray
Third: J. Laughlin
Second: E. Worth
Lead: A. Carr

Congratulations to you all.

After the games on Saturday afternoon, we held a social in the Clubhouse, the music being provided by Ed Redgrave. Ginger (Vincent) Jennings gave of his inimitable best with jokes and stories to keep one rolling in the aisles.

The Andrew Sisters (Bill, Vic and Jack) were excellent with their rendering of the Andrew Sisters songs. We thoroughly enjoyed their performance. How about an encore? Miss Brookes of Hill Park Club entertained us with the accordion and a couple of yams from the Outback, and Ed as always was there doing his thing. A very successful evening. Glad that you made the trip Dave; seemed like home you being around.

The Prize Giving was held on Sunday afternoon immediately after the games. Arthur Gray our Acting Chairman welcomed the visitors and hoped that their stay had been a most enjoyable one. John van Erven replied and said he was sure that this would be an Annual Event and that they would all be back again. John Loydell also thanked the Club for their great welcome and to the Hosts who so generously opened their homes to take in visitors. One visiting bowler was heard to remark that Andrew Duffy told him that it would take a week to get over a visit to Orange/Jamshed. "He lied" he said, "it will be a month".

Monday morning our visitors were taken on a tour of the Mine, thank you Mr. Brinkman, it was much appreciated. After luncheon served in the Clubhouse by the ladies, a tired but happy group of bowlers left to wend their weary way back to Cape Town.

Our thanks go to the ladies, who so always turned up trumps with the sets. To Jack Buchanan, Dennis Genade and Trevor Nelman for the super chicken and chips, to the waiters behind the bar and also to Paul Lissner who made an able chauffeur, many thanks.

The Singles Handicap Finals took place on Sunday morning the 15th July, when Rose Holland beat Alar Carr and Marie Outback beat Jean Laughlin. Congratulations and well played.

Don't forget the Annual General Meeting will be held on Sunday morning the 12th August. Do come along and



Joy Swanson, 1913 South West African Ladies Singles Champion and Joan Genade, this year's I.W.S. Junior Singles Champion with the trophies that they brought back from the tournament in Windhoek.

please your vote. Don't stay away and then criticize those who have been elected.

Now that the 'Greens' are closed until further notice, we must keep in touch and it is the Committee's intention to have an informal 'get-together' for Members only on the 4th August at 8.00 p.m. The idea will be music, 'Refreshments' and the odd bowl of soup provided, dress very informal - bring a plate of snacks for yourself.

Accommodation required for the nights of September 1st and 2nd, for the visitors from Windhoek. Please A. Gray (770 with your offers).

The A.S.M. of the Ladies Bowls Section was held on the 23rd July, when the new committee was elected for the forthcoming year. They are as follows:-

Chairlady: Beese Bead
V. Chairlady: Jean Laughlin
Secretary: Joy Swanson
Members: Gloria Gray
Daphne Holland

Congratulations to you all, may you have a very happy and successful year of office.



The American in Madrid was boring his Spanish hosts with his endless enthusiasm for bullfighting and the whole Hemingway bit. He was in the middle of one of his more boisterous appreciations of a bullfight he had seen when he fell to the ground clutching his stomach. He was rushed to hospital and a case of appendicitis was diagnosed. It was decided to operate immedi-

ately. The next day the American was sitting up in bed fulsome in praise of the surgeon and likening his in skill to the best of Spanish bullfighters. He had only one puzzlement. Why after an appendix operation did he have this damn great bandage round his head? "Ah that, dear," said the Director of the hospital, "that is because the surgeon performed so well. We awarded his two ears."

angling

It was unfortunate that a stiff East wind blew through out the day for the casting competition: it did wonders for the bear assumption but made life very difficult for the participants who had to cast almost directly into the wind.

Considering the conditions one or two very creditable performances were put up.

Results are as follows:-

Light tackle section

Individual distance		Aggregate distance	
1. Dick Irish	88.0 m	Dick Irish	257.3 m
2. Hector Salzwedel	87.1 m	Hector Salzwedel	244.4 m
3. Lofty Mack	86.7 m	Dean Marais	241.5 m
4. Dick Irish	85.3 m	Phillip Kelly	199.9 m

Open tackle section

Individual distance		Aggregate distance	
1. Pania Jacobs	91.9 m	Pania Jacobs	267.9 m
2. Dean Marais	91.8 m	Dean Marais	256.9 m
3. Pania Jacobs	90.6 m	Chris Seangopal	250.4 m
4. Dick Irish	90.4 m	Lofty Mack	249.2 m

As can be seen, the individual distance events in both the light tackle and the open tackle sections were very closely contested - the difference between the top few being merely a puff of wind or a lousy bounce!

The performance of Dick Irish and Pania Jacobs speaks for itself. It was unfortunate that they walked off with all the bear between them. However, I can assure you it won't happen again - we'll change the rules!

Hector Salzwedel (I hope I've spelt that correctly) set up a fine performance for a newcomer. He lost some line with a big snarl-up during the practice and was therefore not casting with a full spool. This probably cost him a bit of distance. Tough luck Hector, we'll have to watch you in future.

The lousy "side-swiper" created a bit of interest, if no records - his best cast narrowly missed the Gents toilets and another was mistakenly recorded in the accuracy competition - such is life! Dean Marais, trying a similar style with his "coffee grinder" after the competition was over, cast a smooth 95 m - did he feel sick?

Dean also demoralised everyone in the accuracy competition by putting his slicker actually on the six 42 metre beam. I hope the Kitty paid for the new reel he bought especially for this event.

All things considered it turned out to be a pretty good day and one which I hope we'll be able to repeat. It was good to see some fishermen who knew they couldn't cast very far turning out to "have a go". I hope you picked up a few hints. Half an hour's practice over the grass is worth a dozen fishing trips as far as distance and accuracy are concerned.

Regarding future activities:

The planned Neuh Bay trip in August looks pretty shaky at the moment - no flights are available. It may mean that we will have to take a flight at short notice, so you Neuh see be prepared!

We have been granted permission for a twice-yearly trip on the North bank of the river, not far from Debenan. This will be fresh water fishing so leave your deep sea tackle at home. Details will be published as soon as arrangements are finalised.

We are also hoping for permission to use the Company boat at Port Nolloth for fishing within the harbour limits. These extend for three miles on either side of the town and for three miles out to sea. The snook this year have been casting in as close as the harbour reef!! Failing permission to use the Company boat,

we shall investigate charter rates or even the possibility of buying a boat for club use.

Club cap badges with the Club emblem will shortly be on sale - price will be R1.00 each so please place your orders, in writing, to the committee. The club now has its own Post Office Box, No. 237, so please address all your correspondence there.

A new constitution has been drafted to replace the original, an antiquated and horrific document. A Special General Meeting may be convened to approve it. We are also looking into a new system for Neuh Bay selection.

The annual social will be held in the next two distant future - so you ladies had better start dieting. We don't intend to poison half the members this year - we are going to make a proper job of it!

Yours truly, Penn Overwind.

THE LIBRARY

NEW BOOKS IN CIRCULATION RECENTLY

FICTION:

- THE TELESCOPE MAN - Desmond Bagley
- SAM CASANOVA - Rex Carter
- A THINKING MAN - Steven Wallace
- THE FACE OF JERUSALEM - Donald Hardy
- SMILE OF ISRAEL, MY LOVE - Richard Llewellyn
- THE CATERING - Darrel Taylor
- THE CONQUEST - James Brown Lyne
- THE BLUE KNIGHT - Joseph Washington
- DIAMONDS, THE SPRINGTIME OF LOVE - Collette Desmet
- JOSEPH INTO STONES - Audrey Dowling Lindsay
- THE HOLLOW HILLS - Mary Stewart
- CONVENTION M.D. - Frank O. Slaughter
- FIVE DAYS TILL NOON - Sheila Ross
- THIRD SCOTCH IN THIS PLACE - Brian Clavre

CRIME, WRITINGS & MEMOIRS:

- THE GOLD FLANK - Charles Eland
- ROSE-CLASH KILL - John Wainwright
- BERLIN HUNT - Alan Winington
- THE WICKED MARQUIS - Barbara Cartland
- THE DOCTOR'S SECOND LOVE - Elizabeth Seifert

SCIENCE FICTION & NON-FICTION:

- GALACTIC TAKEOVER BID - J.P. McInnes
- THE GALAXIAN AND THE LOST CITY - A.J. Clemens

AFRICANA:

- OUT JUPPOO SE IANCKEN - Sita
- ROMEO VAN ERICA - Hannah du Plessis
- THE OVERWHELMING KNOWN - Laurence Oberholzer
- DOCTOR JACQUES - Violet Wainpear
- THE FLESHPOTTERS - Marlene le Roux
- SACRIFICE AND SINGING - Teak Wignandit
- WAR AND SORROWING BUT - Stephanie Weiring
- REMEMBER UP SPOOKSAL - Dirk Neveling
- WALKER HIS KAVALLER - C.F. Beyers-Boshoff
- HEX NA DIE WINDSE OER - Salmaai Kook
- THE VERDICT DRAAK - Willie Martin

FILMS UNDER



French scientists have found that a Treasury note can collect some 50 000 to 60 000 harmful microbes within the first few weeks of issue. Notes change hands pretty quickly in most countries and soon others may follow the French lead in impregnating the woodpulp used in making the paper for notes with a special disinfectant.

The Story of the Cover

The School Library

ONLY ONE YEAR OLD BUT IT ALREADY CONTAINS MORE THAN 2500 BOOKS.

How far does the earth travel in space during a year? Is what kind of dwelling do some Malaga live? If you wanted the answer to these or similar questions, you could ask your child. Should he not know the answer off pat he or she would probably give it to you the next day. All that is necessary is a visit to the School Library where "Rush's Children's Encyclopedia" would soon yield the answer.

Any pupil above the K.O.-stage would be able to do this! Book education and numerous easy-to-follow charts in the Overhauled Primary School Library enable him to do this type of research.

Within a year this library has enabled all the senior pupils and this includes Std. two's - to produce theses of real educational and literary merit. Reference works are consulted and bibliographies produced that only post-graduate students of a previous generation could do.

The Principal of Cape Town University said recently that the best way to prepare pupils for the world of the University is the ability not only to recognize the importance of the library but also to use it intelligently. These aims are being met by the competent and devoted librarians of the O.P.S. library.

In the short space of less than a year a haphazard collection of books has been reorganized, catalogued according to the Dewey Classification System and developed into a place of real book education.



Teachers also make use of the reference books.

Thanks to the far-sightedness of a progressive management the school is assured of an annual addition to its present total number of books of 2 500. With the Treas-



and book lists as a guide and by personal selection by the chief librarian the needs of each pupil is met. All the picture is beautifully illustrated and printed in an attractive text.

It is a joy to visit this hive of activity during one of the breaks or any afternoon. School prefects assist in choosing and replacing on the racks. Displays of book reviews may be by the pupils themselves - assist the teachers for something to read.

To ensure that each one gets a fair chance a system of book reservation has been introduced. This also helps the teachers and librarians in deciding which books and authors are popular.

With 25 different children's magazines to select from in breaks during a school break need have away disappointed.

The message also are met: (a) provision of reading material. The have done to a future reader by allowing a beginner to read books that have not been selected by a specialist is on a par with allowing a toddler to select its own medicine in a pharmacy. (b) Reading guidance to develop a critical attitude; (c) Education in the use of books and the library; (d) Integration in the sense that materials are drawn from many fields for the purpose of effecting desired learning outcomes.

By teaching the necessary skills to enable both teachers and pupils to make effective use of books and the library this youthful adjunct to the teaching facilities offered by the Greenwood Private School fosters a love of reading - a critical judgement of books and a genuine appreciation of fine literature.

The control of the school's audio-visual educational programs, preparation of transparencies and other material also fall under this department.

In the article by S. Fogarty in "Library Journal," entitled "Revolution in our Schools" a criterion is offered by which this school library can be judged: "An agency that supplies the broadest range of instructional material."



The infectious love of books and scientific knowledge of the chief librarian has made the school library the hub of all scholastic efforts in the school.

S.S.V.



Knowledge is of two kinds. We know a subject ourselves, or we know where we can find information upon it.

SAMUEL JOHNSON - Boswell's Life of Johnson.



hockey

The 7-a-side League which got off to a very good start last month has proved to be most enjoyable. Up to date the results have been very even and we are well into the second round.

The Constantia visit from Cape Town during the weekend of 7th and 8th July, went off very well hockey-wise and socially. What a fine team the Constantia visitors proved to be. The results of the matches played were as follows:-

Men: Cranjensand I won 2 - 1
Cranjensand II lost 3 - 6

Ladies: Cranjensand I won 5 - 1
Cranjensand II lost 1 - 6

Below: The eight players in whose honor the party was held, with the General Manager, Mr. J.L.P. Mankowitz, third from the left.



A "Cocktail Hour" was arranged for all active hockey members in the ladies lounge to celebrate the selection of seven of our players to represent G.H.C.

We were indeed honoured to have Mr. & Mrs. Mankowitz with us. The club would like to thank Mr. Mankowitz most sincerely for presenting provincial colours to the following players: G. Harris (Capt.), B. Barron, F. Boshoff, B. Balgoh, B. Smith, B. McEwen and B. Burchell.

The tentative programme till the end of the season will be as follows:-

18th August Visit to Kimberley
25th August Combined (Boys' Team) From Windhoek Wanderers Ladies From Windhoek will be visiting Cranjensand.

1st September A visiting hockey team from Head Office in Johannesburg will be our guests.

The last visit will co-incide with our end of season social.

A PLEA TO SAVE

ROCK ART

Half way through July, Mr. Justice Kowis Marala opened an exhibition of rock art of Southern Africa at the Pretoria Art Museum. The Judge who is chairman of the newly formed Action Group on Rock Art in Africa said that every effort should be made to record and preserve what art was still in visible existence on rock walls today.

"It is the duty we owe to Africa to take all possible steps to preserve rock art in Southern Africa."

He said that it was sad that the first grammars and dictionaries of the African languages were not written by South Africans. It was only after 1952 that South Africans began to take an interest in African language and art.

He paid tribute to such pioneers in this field as Walter Batson and his disciple Murray Schoonraad who had inspired a general public interest in rock art.

It was a pity that we had started so late to realize the importance of this work not only in our own history, but in the history of civilization.

"This art is the history of the earliest civilization in Southern Africa. While some of it dates back no more than 700 years, there is some evidence that the earliest of these works are possibly 25 000 years old. In spite of its importance we have done nothing in a systematic manner to preserve this priceless heritage. Many of the paintings and engravings are being allowed to deteriorate and are even being despoiled."



Not only were there the ravages of nature, but damage was being done by people in various ways.

Mr. Justice Marala gave the assurance that regulations would be drawn up to preserve prehistoric art.

Anonima Dodge's criticism of Dwight Katz's production of "The Party" was written after the first night. In fairness to the players we asked Master Erasmus Doolittle to write a further one, which he did after seeing the third night's performance.

How it is....

THE INDEMNIFICATION GAP.

'Boots, boots boots, boots going up and down again. There's no release in the war' a purely pedestrian piece from START to finish.

Swelling rather long in rustic urbanity one becomes somewhat rusty. Was it Chekov who puts all his action off stage so as to concentrate on the inter-acton of character? If so our Volok was so watered down that it scarcely retained its "distinctive" colour.

Jane Arden had everything so pat that if life is so much bigger than logic she became merely ornate.

Just think of the closing of the scenes. "Say you understand. Say you understand". "Where is my little girl. Where is my little girl?" We'll try. We'll try". (By the way, why this perpetual repetition. Like the Welfare State. If you can afford it you don't need it. If you need it you cannot afford it.)

Surely the last example was worthy of the purest and coldest fare of applause which Dickens says is need silence. Brought tears to the eyes. Made one get out of the theatre before the lights came up. And how did it come over?

Out of the blue,

Came the curtain cue.

Then down comes the spring with rattle and jar

For all the world like the shutters in E.E.'s Bar

The stage manager must watch this. The famous last words are not merely to press the button and release the spring.

Yes, Jane might have been well advised to serve something with her expressions. A good hearty one and then some poignant comic relief to counter-balance the dyspepsia. Instead she stood it all up in a non-descriptive and innocuous cock-tail which reduced interest to about the level of the American Dollar.

But let us reserve our general comments for the occasion for when the slip begins in show. Always remembering of course that they is no way apply exclusively to the characters who call them up.

The hotel fare at the dining table and the odd and even furniture conveyed an excellent atmosphere of a home rooming to need. When once Nettie had to say that they could not have a drink in front of Father the cat was out of the bag. By the way after all her practice in "arguing she ought to be sure of her seat in Heaven. She did her best to preserve the illusion that she still had a great secret from us but all suspense had been abolished by the author and Nettie would have to have been wondrously clever to bluff us any longer. She did her best.

It was not a very exciting part. She merely had to be her own lovely bitter sweet self. And she was. It was not quite enough. Here and there it proved her unending. When she gave us her traumatic experiences in the cradle it was as much a synthetic psychological case book that one could fill in the details by sheer rote. Her hysterics and flight were convincing. But when she came to tell what happened about the crashed scooter there were not sufficient words articulated enough to enable anyone to piece together a coherent story. When called to the "castle wall" to witness Father and Mother in the lists locked in single mortal combat the whole thing was so unutterably childish that anyone could be forgiven for feeling self-conscious. But she carried it off beautifully. Then she came to her singles set with Father. Here was all the poetry of the piece. She fluffed it. Even the disembodied guests could not have

heard her exclaim of the "most wonderful daddy in the world".

Practice reciting before the wardrobe mirror. Say to yourself I am going to convince those people that I feel every word I say. No need to grit your teeth and bang on like grim death waiting for the end. One can hear Joyce but one feels Burns.

Francis came in like a super-charged domestic machine. She worked on a mixture of clockwork and steam. As soon as she started one felt this damned woman deserves all she is going to get. But she turned out to be like the sailor who joined the Navy to see the world. "What did she get?" Just to fade out into the cold, cold snow in a moral Atlas bearing all the problems of the world she did the wrong thing on every conceivable occasion with incredible velocity. But the part was well built up and sustained. When she was in Richard's dentist's chair she reached the moment of truth. Her drama was called for and she fell down on it. I wonder had she asked herself carefully enough what is the re-action of woman determined to control her own and everyone else's life by a feeble social bluff when confronted by a husband anxious to live his life on a dream? Of course there are a dozen interpretations. We were given none, but a tape recording.

Richard made a good Otto (the censor one). Anyone who spent so long sitting in draughts is bound to become a little chilling. The "cross gathered" pigeons when Sharpe wanted him to see like a love bird were quite superb and he was duly led off like a lamb to the slaughter. One great and priceless gift both this man.

He regards his words as Heechen's Pills, worth a guinea a box and would that others would catch the snark from his. Great to hear every single syllable without longing for an ear trumpet. I wonder could some kind of amplification be installed in the theatre.

Let's face it. Whatever the role was - whatever it was worth - Harold did create a character that was consistent in itself and consistent with its setting. He maintained it from beginning to end - playing the silence game in hypostating his Davis Cup singles with Richard for example - and it will be long remembered.

There is no question of dimming with faint praise. Much less is anyone being abolished by sheer insignificance. But what was one say of Sharpe. History does not relate why she was there at all unless as the general principle that a little bit of sugar makes the medicine go down. Egg suffice it to say that she did her part with her usual workmanlike efficiency. She was then kept her wicket up. The score!

What was supposed to be the period of the play? The setting was straight out of Little Lord Fauntleroy. The action (which by the way was excellently done - excellently) was of the ultra-modern fragmented puppie. Says my suggest to meet people one sort of bean. Well it certainly was not a hot bean.

And as to our waitress. How is alcoholism to be treated on the stage. That is to say so distinct from a good hearty well-oiled Falstaffian or Fidelestinian drunken scene. The answer surely is on all fours with an advanced cancer or galloping consumption. Here an attempt was made to sort out heavy drinking from compulsion. There was no differentiation between mental obsession and physical craving and yet the phenomenon in each case is utterly other than in the other. So the whole set up was one huge fake that there was no coping.

In spite of anticipated anticipation (which had become positively boring) when Richard burst on the scene he did bring some life into the proceedings. Quite to the manner born. Let us not be hasty. This might not be some vestigial remnant of a well spent youth. It might be a particularly enlightening reflection of Daisy Saunders's well known exuberance. Richard himself used the term schizophrenia as there was no need for him to have sat down and worked out the Highest Common Factor

The Party

of his role. He seems to have done so and then played to it. When he opened his private confessionals and had the patients in one at a time (what a strange distorting mirror of life - or was it?) he was so waxy sided that he was the perfect psychological channel. One glowed to realize why everyone fell for him. It could not have been done better. But when in other places he went from one extreme to the other he did it like a Jack in the Box without even hustling why. What a pity he is often settled his service and had to look for a ball boy. Made us feel quite sorry and embarrassed and not at all for our own sake.

It is some time since the present writer has been able to attend one of the Players' performances and it was a joy to be back again. But for this particular exercise he can only award the mark via radio. Might it be worth considering that all the fun is always in the Big Book.

Good luck Players.

Master Christmas Holiday

P.S. at my age I might be put to shame were I to confess how witerly entranced was the station of Bettie in her Party Frock. But that is how it was. And I carried it away.



The graphic and hair-raising account of the Stocky Club's return from Windhoek last week inspired our cartoonists into producing this cartoon.

"By the way, Captain, did you ever get around to having that sledgehammer checked?"

② Dad walked into the bar of his Rhonda valley local, to find several dozen of his friends gathered around buying drinks for a Scotsman with a flat head and a cauliflower ear. He went to the group, all wine workers and asked why a 'foreigner' was receiving such preferential treatment. "If it weren't for that fine foot," explained one of his friends, "we'd all be dead in yesterday's pit collapse."

"How so?" asked Del. "Well boy, it's like this," said the friend. "We were all down the pit when the roof began falling in. Jack over there held it up while we all scrambled to safety. That's how he came to get a flat head." "But how do you explain the cauliflower ear?" asked Del. "Oh, yes, he got that when we knocked him into place with the sledgehammer."

rugby

Crazejmond rugby has been steadily improving and with it interest in the game. We are getting more players to practice than before and the numbers of spectators have also increased. This is most heartening and augers well for the future.

On the 25th July the "Old Crocks" played our second team and according to them, won the game. The decision is in dispute, however, and only a replay can decide matters. I have never seen so many fit and agile "Old Crocks" together before. Their fly half is particular, seemed to hold a lot of promise and he should do well in



Some of the "Old Crocks" weren't so old. Triple tests champion and star fullback and winger Derrick Moore is seen tackling J. de Poede. Lionel Dickson is in the background and Gavin Beukes in the foreground.

future "Old Crocks" game!! On the same evening our 1st team played and thrashed a team of young men from the Hiddingh Hall Club. For a team who ended on top of the log in their league last year, these boys from Cape Town were beaten surprisingly easily. I cannot altogether agree that it was good play on our side that made the difference, instead I feel Hiddingh Hall must have played well under par.

They certainly did better in Windhoek later the same



A lineup in the Swakop game against Hiddingh Hall, O.C.T. The O-W forwards are, from front to back, Anton Ross, Jack Leuchter, Chris Pullard and John Dippie.

week. It was nice to have them as they lived things up considerably. Even the social after the match went well.

On the following weekend Crazejmond played Capetown's 1st and 2nd teams here and once again we were on the winning end in both matches. The second team did extremely well to win 26-5, while the first team averaged home by 15-4. It was almost certainly the hardest game our chaps had played this year and the result was in the balance until Mike Comarati scored that beauty to clinch matters. It was easy to see why Carlsberg is the present holder of the league cup. They are a strong side and a game against them on their ground will prove even harder. I have no doubt that Crazejmond can beat them though.

We once again visited our neighbours, Alexander Bay on the 21st July and, while our first team won, the second team lost narrowly. The scores being 32-17 for the 1st league match and 18-20 against in the second. We were crippled by players on the injured list or



John Dippie, the latest Crazejmond player to play for the North West Cape Cury Cup side.

away for the weekend, while John Dippie was playing for North West Cape at Pieterburg. This is no excuse, however, and we should have done better.

We would like to congratulate John Dippie who has now played three games in a row for his Province and seems to do better all the time. We are proud of you, John - up the boys from "down-under"!

We are visiting Luderitz over the weekend of July 28/29 with a second team and look forward to making new friends.

Seven of our players have been selected for Namagoland to play against Lagos Nelson on July 28. They are Hugo Krynnow, Frans Wentzel, Frans Pretorius, Phillipie Cronje, Ussie Vuxton, Chris Pullard and John Dippie.



John Dippen with the ball in a match earlier this season against S&P, Woodhove. Other D'W players are Kees van Staden, Ploetzje Choop and Frans Poterman.

Below and right: The eight match against Edinburgh Rail.



For the photographically curious. These eight shots were taken on a 35mm film, read at 2000 ASA at a shutter of a second. The film was developed in concentrated D19 at 25 degrees centigrade for 8 minutes.

The Spring already at the gate
With locks my care beginning,
The country round approach straight,
A flower garden smiling.

You and your garden

by *Lillian Glegg*

"Who can say when Spring commences?" wrote the much loved South African gardening expert the late 'Colonel Jeffs'. "Plants do not study the calendar; there just comes a time when nature seems to say to them 'Come along now, get a move on and start growing. You've been taking things easy all winter and it's time you started doing something to earn your gardening keep'". Now right he is, the signs are everywhere and the white Jasmine is out and smelling like heaven and, I don't care what anyone says, so far as my garden is concerned, Spring is already here and all's right with the world.

In gardening, as in most occupations, it is best to take haste slowly so far as first sowings in the open are made. There is always the tendency for the gardener to rush out and sow seeds of this and that when the sun shines warmly and there is that Spring feeling in the air, but for another week or two, at least, gardening enthusiasm should be tempered with discretion. First sowings should be confined to those varieties of plants which will not stand such if conditions are a trifle harsh when they first appear. That gives us a very wide choice, for it takes in all the hardy annuals and practically all vegetables except such tender kinds as tomatoes, beans, eggplant and cucurbits (couscous, marrow, squash etc.)

Some of the "old faithfuls" for early sowing - Candy-tuft, annual chrysanthemum, Clarkia, goblet, nigella and French marginals will give you a bright and early display, and maranthus "Walter Fire" is a most spectacular plant with brilliantly-coloured foliage. Some intriguing colour effects may be achieved by combining blue lobelia and yellow scaberrima, pink begonia and maize avaratus, "Blue Butterfly" annual delphinium and cinna lineata.

For a few extra early plants to replace the winter bedding plants that finish early, sow seeds of aster, eupasia, petunia, verbena, malva, tobacco, pyrethrum, alysium and gillardia. If these seeds are unobtainable locally, Starke's Ayras of Main Road, Newburg will supply. Cut back old plants of geranium and heliotrope and give the plants a little superphosphate to encourage new growth. Perennials, as well as annuals, may be sown in the early spring - most of the seedlings will bloom in the coming season. Water-flowering red hot pokers can be lifted and divided now and they appreciate plenty of compost in the soil. Cuttings of geranium and marguerite (daisy) root freely at this season if placed in deep sandy soil; water only lightly until well rooted. Lift and divide Barberton Calceola. Do not plant too deeply and pay special attention to drainage.

To cover a fence or trellis quickly, sow a seed or two of clematis scandens, the "Cathedral Bell" creeper and remember seeds germinate best if sown on edge. Another good covering climber is the greenhille. Rain from seeds sown in warmth now and plant as time seasons. Edges are often hungry and a mulch of compost and a dressing of 2-3-2 will set them up for the new growing season.

In your lawn.

The lawn is an essential part of a garden, acting as a foil to flower beds, trees and shrubs, providing a playground for the children and giving the garden an air of tranquility. Do not allow grass to ramble freely into all the out-of-the-way corners of the garden where



A SPLENDID BEARDED IRIS

it will not thrive, but limit the area of the lawn and define the edges neatly. An easy way of doing this is to lay a hose on the ground, using graceful and gradual undulations so that one will mark the edge of the lawn as well as the shape of a bordering flower-bed at the same time. Curves are more in line with Nature and straight lines should be avoided as much as possible. Lawns should be fed at least 3 times during the growing season each year, but one must not over-fertilise. Frequent light applications are best and may be given in early spring, mid-summer and early autumn, at intervals of from 6 to 8 weeks. A nitrogen fertiliser such as ammonium sulphate may be given during summer to encourage the green colour and P.J.P. sprinkled liberally as an alternate treatment to enrich. Fertiliser should be spread while the grass is dry and watered to avoid burning.

Established lawns which turn brown in winter should be reseed to loosen the dry growth and well brushed to remove all dry cuttings. This should be done at the end of winter and the lawn may be closely mown at this stage... if necessary one can remove nearly all top growth to soil level. Aerating the soil with a fork should be commenced in early spring and may be followed by a light top dressing if required; the first application of fertiliser may be started as soon as growth is visible. In our climate it is possible to overwater which harms the grass, so do not water indiscriminately, as the cold nights and heavy dew prevent evaporation.

Complete all planting of new trees, fruit, shade and ornamental trees, shrubs and climbers. Spring comes in a hurry in Southern Africa and newcomers to the garden should be given an opportunity to take advantage of good growing conditions.

As soon as fruit trees shed their petals spray them with a general garden insecticide before the fruit calyx closes. Never spray trees or plants near fruit trees in bloom with a poisonous insecticide or you will kill bees and other helpful pollinating insects. Space is running out so briefly - make a sowing of cabbage, carrots, leeks and onions for summer use and plant a row of potatoes. Make a bed of mint to provide the sprigs to boil with these later on.

golf

1ST JUNE 82.00 INDIVIDUAL MEDAL

1. Mick Netha
 2. Barry MacIntosh
 3. Stan Dodd
- Lucky Seventh & Springton

JULY MONTHLY MEDAL

4. Section: Winner: Andrew Parker
Runner-up: Vic Notter
2. Section: Winner: Neil Bernard
Runner-up: Alf Lindhout

With the July school holidays over we can now expect our weekend competitions to be well attended again, with the return to the fold of a large number of wandering members who have been "burning up" the South Coast and other districts.

Our new committee which has a great deal of experience to draw from is now hard at work on our

behalf and the coming year should be most interesting and rewarding for all members. If at times it appears as if they are working in the dark, please remember that they are an enlightened bunch of chaps and probably use torches when the going is too dark. Joking aside though, it is not always easy to please everyone all the time and consideration must always be given to the most good for the majority.

The side to visit Kiberley has now been selected and we wish them good luck and every success in their competitions.

Once again we are losing two of our members and we wish Bob and Maureen O'Reilly the best of good luck for the future and of course good golfing.

In finality, do remember to always check that your ball is teed behind the line between the two markers before driving off, as it is not much fun to have a good drive recalled or be penalised for breach of the rule. Even, with the able assistance of Tallic will be only too pleased to enlarge on and clarify any doubtful points in the rule.

DO YOU KNOW THE RULES?

RULE 9 - ADVICE (Def. 2) and Assistance-

1. Giving or Asking for Advice; Receiving Assistance
- a. Advice-

A player may give advice to, or ask for advice from, only his partner or either of their caddies.

b. In making a stroke, a player shall not seek or accept physical assistance or protection from the elements.

2. Indicating Line of Play-

Except on the putting green, a player may have the line of play indicated to him by anyone, but no mark shall be placed in the line, nor shall anyone stand on or close to the line while the stroke is being played.

golf

LADIES' SECTION

27th June, 1973 - MEDAL

4. Section: Winner: Helen Barratt - 80 Nett
Runner-up: Maureen O'Reilly - 81 Nett
2. Section: Winner: Mary Mackenzie - 85 Nett

4th July, 1973 - STABLEFORD MONEY

4. Section: Winner: Helen Barratt - 35 Points
Runner-up: Lynn Kerly - 33 Points
2. Section: Winner: Jenny Hall - 23 Points

11th July, 1973 - INDIVIDUAL MEDAL

4. Section: Winner: Neira Linaker - 76 Nett
Runner-up: Mary Mackenzie - 81 Nett
2. Section: Winner: Jenny Hall - 81 Nett

18th July - MONTHLY STORM

4. Section: Winner: Helen Barratt - 77 Nett
Runner-up: Iain Fourie - 84 Nett
2. Section: Winner: Dolly Longmore - 102 Nett

This month we had the pleasure of welcoming Ingrid v.d. Horven back from the States. In time I guess she will be burning up the course again. Also we have to welcome another old member, Eric Johnston who has started up with the Wednesday ladies again.

We also had to say farewell to Lynn, Sylvia and Maureen who have all been transferred. We would like to wish them good golfing and the best of luck for the future.

As from the beginning of August, we will be starting an Scientific Competition. This Competition will be split up into two sections, one for the Wednesday Ladies and one for the week-end Ladies. It will be played over the period of three months under stroke conditions. The scientific score chart may be changed three times only. The final card will reflect the best nett for the winner and runner-up. It will be run on the basis of a ball pool, i.e. one ball per entrant into the Wednesday competition and one ball per entrant for the Week-end competition.

odds and ends

'EXECUTIVES' CORONARY CLUB

CONDITIONS FOR MEMBERSHIP :

1. Remember that your job comes first. Personal considerations are secondary.
2. Go to the office in the evenings, on Saturdays, Sundays and in the holidays.
3. Take your briefcase home any evening you do not go to the office. In this way you can review completely all the troubles and worries of the day.
4. Never say no to a request to serve on committees, organize functions, arbitrate in disputes, shoulder more responsibilities.
5. Accept all invitations to conferences, banquets, reunions, etc.
6. Don't waste your lunch-hour eating a simple relaxing meal; use this time to discuss business over the lunch table.
7. Cut out all fishing, golf, bowling, billiards, cards and gardening. These are a waste of time and money.
8. Remember that it is mistaken policy to take all the leave allowed to you.
9. Never delegate responsibility to others.
10. If you work calls for travelling, work all day and drive through the night to keep your next day's appointments.



Boy Scout & Girl Guide Ass'n!



ORANJEMUND

The Movement here had two successful meetings, with very little news to report.

Firstly Gavin Jensen and Sean Morrow have both been invested as Scouts. Stephen Carr has obtained his Troopster badge and Stephen Wirth, who is only 11 years old, is well on his way to obtaining his Second Class badge.

This will be a great achievement for a boy of his age. A new addition has been made to the Movement in the form of Baby Cub Brotherie. Congratulations to the proud Mum and Dad. Cub Grant Thurgood has received his first star.

Sincere thanks to Mrs. Field who is temporarily assisting with the Brownies. We are in dire need of more assistance. Please contact Mr. Don Wilson if you are prepared to assist with the Movement.

SCOUTS ON THE MOON

Now that the present programme of lunar exploration by the U.S.A. has been completed it may not be generally known that of the 65 astronauts appointed, 52 were Scouts and of these eight were Eagle Scouts.

Of the 27 flights flown -

26 had Scouts aboard

Of the 74 men who flew the 59 missions

30 were Scouts

Of the 24 men who flew Apollo Moon Missions

21 were Scouts

Of the 12 "moon walkers" -

11 were Scouts.

The last mission to the moon, Apollo 17, launched on 6th December, 1972 carried an all Scout crew.

Visitors to the Boy Scouts World Bureau office in Geneva may see the World Scout Badge carried to the moon by Eagle Scout Neil Armstrong - first man to walk on the moon.

FOUR SHOOTING

The U.S. Colonel had insisted to his negro cook that Thanksgiving turkey be a domestic, corn-fed bird and not a wild fowl. One day the Colonel got into a beautiful, dose-to-perfection turkey, frowns, cut again, then sent for Sam.

"Cdn't I tell you I wanted a domestic bird?" he thundered.

"Eah sah, dat's a domestic, corn-fed fowl."

"Well, what about this shot I'm finding?"

Sam shuffled from one foot to the other. "Dat shot, Colonel, sah, were sent fo' my backside."

A NEW TWIST

A travelling salesman ran out of petrol one dark night on a lonely road and asked at the only farmhouse in sight. "Can you put me up for the night?" "I reckon I can," said the farmer. "If you don't mind sharing a room with my young son." "Good heavens," gasped the salesman, "I'm in the wrong job."

THERE OUGHTA BE ---

There oughta be a group somewhere that turns boys into men.

That brings out all the very best in growing boys and then -

There oughta be a group around that channels for a boy.

His natural curiosity into accomplishment and joy. There oughta to be a group someday that functions all the time

To help keep boys from drifting through delinquency to crime.

There oughta to be a group sometime that helps a boy to grow

In strength and health and spirit, in dignity, and so -

There oughta be a group alike that says, "Keep looking high

For God and self and family, for that flag there in the sky".

There oughta be a group right here that goes on trips and such,

On group-up kind of outings that all boys like so much.

There oughta be a group right now that takes away the doubts,

And puts back all the fun in life.

(There is! It's called THE SCOUTS!)

S.E. Wash. Los Angeles, California.

The Pathway to a well-paid job

Opportunities are offered to suitable applicants for Apprenticeships in 1974 as:

Diesel Mechanics
Auto Electricians
Motor Mechanics

Fitters & Turners
Electricians

Requirements:

- * Minimum of J.C. with Mathematics
- * Applicants should be in the age group 16 - 20 years

Rates of Pay:

First Year	£120.00 per month
Second Year	£130.00 per month
Third Year	£140.00 per month
Fourth Year	£155.00 per month
Fifth Year	£185.00 per month

1. In addition to the basic rates of pay, a non-pensionable allowance will be paid for educational qualifications attained before or during an apprenticeship.
2. Overtime payment is based on one and one third times the basic rate for ordinary working overtime and double the basic rate for Sunday overtime worked.

Application forms are obtainable from the Employment Office, Personnel Department.



With 2 matches still to play the Town side clinched the top position on the leg by beating Apprentices 4-2 on Sunday 8th July.

A large part of their success may be attributed to the tireless efforts of their captain Derrick Moore. Without the confidence inspired by the example he set on the field, Town would have found the going very tough indeed.

While singling out their captain in particular, the rest of the Town team, "First Team" and "social" players alike, must not be forgotten. Each of them played with commendable zeal and spirit in all of their matches (even Ricky Barron sometimes) in spite of the fact that the spectators on most afternoons were 'anti-Town' to a man!

The rest of the League matches will be devoted to finding out who occupies 3rd, 4th and 5th positions on the leg. Sports United, who incidentally beat Town 3-2 in a spectacular match on Sunday 19th July, after Town had safely won the League) who were Town's only serious competitors for the League, have assured themselves of 2nd place. The next three places must be occupied by Apprentices, Northsea and Central, but not necessarily in that order. At the time of going to press, these teams each have 7 points, but Apprentices and Central each have a game in hand.



"Who the dickens are you?"

NO EVENING NEXT MONTHS ARE

The new Clubhouse is being officially opened on 11th August. Tickets for the celebrations will be available at £1.00 per head. More details will be announced in the Weekly Bulletin.

On the weekend 17 - 19 August the 1st XI travels down to Cape Town, where they will be playing the curtain-raiser to the Cape Town vs. Celtic match at Hartleyvale on the night of Friday 17th August. In addition, they will play a 6-a-side tournament on Sunday, being held to celebrate the Camps Bay Soccer Clubs 50th Anniversary.

On the same weekend, the 2nd XI flies to Kimberley on a Company subsidised trip, to play in an inter-union tournament. Six different sports will in fact be represented.

On Sunday 26th August, a 6-a-side soccer tournament will be held. This will last the whole day and will be followed by a "brass".



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TEL. 717



SCRIPTURE UNION

HOLIDAY CLUB '73

The children who turned up for the Fancy Dress Competition



THE TEAS

They met at the Cricket Clubhouse for indoor hockey, and at the Eric Davies Hall for an evening of folk singing and slides, and also an evening of showing Beatles at a Drive. We had the use of the Cine Club to screen the Fact and Faith film "City of Man" and thereafter to listen to some talented members of the Teen singing folk songs.

We are indebted to the Hockey Club, Cricket Club, 303 Rifle Club, the Youth Club and the Cine Club for the use of their premises during the mission. We also wish to thank the public for their very generous support of the Cake Sale which was held to finance the mission.

On Saturday June 30, a group of young people from the Scripture Union in Cape Town arrived in Oranjepond.

The first meeting was a children's rally in the Eric Davies Hall on the Sunday afternoon and was attended by a good number of children of all denominations. This meeting led to a good start on Monday morning at the Cricket Pavilion. That day and the days that followed children could be seen all moving towards the cricket ground from about 0915. They met with the teas, played games, entered competitions and listened to the holiday services.

On three evenings programmes were geared to the teenagers and



Some of the youngest entrants lining up for the start of the Fancy Dress Competition

THIS MONTH'S WEDDING



JENNE DE CLERCQ

LOMIE KRIGE



The marriage took place on July 7, in Grandjean of Jenny, only daughter of Bob and Cynthia de Clercq, to Lomie, eldest son of Mr. and Mrs. G.J. Krige who at that time were resident in Klarinza but who have since moved to Grandjean.

The bride wore a long sleeved gown of white chiffon trimmed with anglaise flowers finished off with a pale pink frill on the edge of the gown. Her bouquet consisted of two white orchids.

The bride was attended by Beth Laughlin and Sonette Krige who looked very elegant in pale pink edge gowns set off with pink pinoware hats to match. Each carried bouquets of pink orchids. Madeline Marcott and Howard were responsible for all the housewifery.

The reception took place in the Recreation Club and was attended by 250 guests. Vanessa Beyers acted as hostess with Lionel Dickson. Mr. Roy McInnes performed his duties as M.C. excellently.

The wedding cake was very unusual. The three tiers were draped with pink roses and topped with a champagne glass.

The newly weds spent their honeymoon in Port-tenberg Bay and on their return settled in Grandjean.



Was this Avis slogan just another advertising gimmick?



Our button

Some people think it was.
But it worked.

People came to us expecting
everything we promised.

Clean ashtrays.

Warm smiles and
shiny cars.

Most of them weren't
disappointed.

And they've been coming back.

With their friends.

Call it a gimmick if you like.

There's no gimmick
like the truth.

Avis
we try harder

JOHANNESBURG • PRETORIA • CAPE TOWN • PORT ELIZABETH • EAST LONDON
BLOEMFONTEIN • DURBAN • KIMBERLEY • WINDHOEK • SALISBURY • BELLAWAYO

RESERVATIONS AT THE RECREATION CLUB.

ODDS
&
ENDS

MANUFACTURERS SUFFERING FROM

WASHDAY BLUES

Detergent manufacturers are suffering from washday blues and they blame housewives who refuse to read the small print.

"When it comes to getting clothes cleaner, we're not going forward at all," says

Mr. Richard Duggan, a manager of Britain's giant Lever Brothers Company.

"All those new 'wacky miracle' products are just a way of stopping ourselves going backwards."

At the heart of the washday dilemma is the revolution that has hit the clothing industry over the past 15 years or so in the form of new synthetic fabrics.

In 1950, there were only three major types of fabric. Today there are 10, and a further 30 modifications give 15 different finishes.

Ironically, many garments are labelled "easy care", and it is easy, provided they are washed individually.

The trouble is, most housewives tend to do the week's washing at one go. And this, in turn, means they are tempted to bundle assorted fabrics into their washing machine together, disregarding different washing requirements.

That leaves the washing powder makers with a big headache: How to come up with a product that can cope with all these fabrics at the same time? So far, they have succeeded, says Mr. Duggan.

"Most housewives obtain poor results without realising it."

Spots and stains, cuff and collar marks may disappear, but a file of dirt still clings to the clothes.

"It's a uniform deterioration of brightness," he points out.

THE GARDEN CLUB ANNUAL BALL

The Garden Club annual ball took place on Saturday night the 14th and was much enjoyed by approximately 170 people.

The evening went off with a gaiety and swing from the very start at 8 p.m. maintaining its dynamic tempo to the last dance at one p.m.

Mr. J.P. How's music was exceptionally good and enjoyed by young and not so young, throughout the entire evening.

The supper provided was of a high standard and most appetizing.

Judging by the very many words of praise from the public the decorations were very attractive, epitomizing the end of a long winter and showing anticipations of a cheery spring.

After days of hard work and some worry, it is most heartening to receive the joy and praises of so many.

Credit must go to the following who gave so much to make the ball so very successful:

Dalene Barrett
Andrew Burcott
Phyllis Burcott
Irene Howard
Nancy Shookan
Elsie Hill
Tim Field

and last, but not least, the Home catering department.

Andrew Burcott

"It really doesn't show up until you compare the garment with a really clean item, like removing a painting from the wall."

"The Housewife thinks the garments can be falling from the sun or just wearing out but in most cases it's this 'invisible dirt'. The garments are getting old before their time."

Causes of the file is something Mr. Duggan calls "soil sweeping". The dirt washed from one garment simply swirls around in the water and attaches itself to another.

"Polyester, for instance, loses grease" he explained. "Other materials have affinities for particular types of soil too, depending on the fabric surface."

Another complicating factor is the variety of washing machines. In Britain, it is only a year since the fully automatic front-loading machines, long established as favourites in Europe and the United States, finally out-sold the "twix-tub" top-loading variety.

Washing in the twix-tub ranges from four to 10 minutes, in the automatic up to 90 minutes. So detergents must be designed for each type of machine.

"The twix-tub makes it easier for housewives to wash load after load of clothes in the same detergent solution," Mr. Duggan said.

This means that while the first wash ensures the proper concentration the final load is charged round "in a sort of dye-bath of soil".

Many housewives use the same water four or five times, according to Mr. Duggan, and some 10 or 11 times.

Because hot water is so tap in most homes, there is no longer any need for delay while the water heats up - which in turn makes for still shorter washing time.

And housewives who think they can guess the temperature of the water simply by testing it with their hands are feeling themselves. Tests have shown that the hand can be fairly accurate only up to about 40 degrees centigrade (104 Fahrenheit).

A temperature of about 60 degrees (140 F) although suitable for most fabrics, is about 20 degrees (68 F) too low for cotton garments. But both types are often washed together.



new arrivals

All about people

We would like to welcome the following new employees, who joined the Company in the period '69 to 1971 and to wish them a happy association with the Company. The place name in brackets is the place of their birth. Club secretaries and fellow employees with similar interests to those mentioned are invited to contact them.

JOSEPH VICTOR WALTER ADAMSKI (Pretoria) (Dancer, Squash) (Transferred from C.S.L.L. Johannesburg)	OPS SUPERVISOR COMPUTER SERVICES
WILLIAM ANDREW PETERUS BRITS (Potchef- burg, Angling) stroom)	SECURITY OFFICER SECURITY
JULIAN RICHARD BLAKE CHURCH (Mairdoh, Swilling, Shooting, Swimming) Kenya (On secondment from Johannesburg)	CIVIL ENGINEER ENGINEERING
KENNEDY PETERUS COOPER (Queenstown) (Fishing, Diver)	MOTOR MECHANIC ENGINEERING
ELWYN JONES (Mannet, North Wales) (Swimming, Photography)	DERMIS FITTER ENGINEERING
JEFFREY LEENWINDEN (Johannesburg) (Golfing, Chess, Skiing, Archaeology)	PERSONNEL OFFICIAL COMMUNICATIONS PRO- JECT
GARD PETERSEN (Halde, Norway) (Tennis)	DESIGN DRAUGHTSMAN ENGINEERING
GREGG ANTHONIE RYF (Ellisposel, Astronomy, Music) Germany)	ELECTRICIAN ENGINEERING
ROBERT JAMES RUFFLES (Fish Hook) (Cricket, Golf, Fishing, Chess)	PROGRAMMER DATA PROCESSING
PURGER JOURET VAN DER WOUTERIKEN (Port Elizabeth)	FITTER ENGINEERING
DR. JORHAN WILHEM (Gage Town) (Golf, Cricket)	MEDICAL OFFICER HOSPITAL
BRIAN WILTON (Middlesbrough - Football, Cricket) England)	SCIENTIST ENGINEERING
DARREN NICOLAAS ANDREAS WILHE (Lans- ville, C.F.)	SECURITY OFF. SECURITY



ENGAGEMENT ANNOUNCED

Mr. and Mrs. Nick Cook have pleasure in announcing the engagement of their second daughter, Diane, to Clive, eldest son of Mr. and Mrs. Dennis Spoor.



SILVER WEDDING

Russel and Helen Badenhorst celebrated their 25th Wedding Anniversary with a few close friends. Originally meeting from Springs on the Transvaal where they were married in the Methodist Church in 1946, they came to Orange-wood 99 years ago.



And on this, the occasion of your retirement after 25 years service, best see this watch, you may have the rest of the afternoon off.

Transferred



This month saw the departure, on transfer, of Doug and Sylvia Gohem. They have gone to Premier Mine at Cullinan in the Transvaal where Doug will become the Mine Secretary.

Doug commenced work with De Beers at Kimberley in 1950 and was transferred to CIM in 1955 where he started work in the Bulk Store. After four years there he moved to the Accounts Department. Between that date and early this year he advanced up the promotional ladder, as Chief Clerk, Mine Accountant and then Assistant Mine Secretary (Administration).

Doug and Sylvia were both valued members of the Golf Club, Sylvia serving on the Ladies' Committee and Doug being the Company's representative on the main committee. They were both founder members of the Yacht Club and were, until becoming addicted to golf, regular sailors. Sylvia will long be remembered for the many parties she had in plays put on by the Grandstand Players. She often helped behind the scenes when not appearing on the stage, in fact she was a "real trouper".

One activity of Sylvia's, not known to many, was keeping the Recreation Club supplied with beautiful flower arrangements.

All in all, we think that it is safe to say, 'They will both be missed by the community.'

On the occasion of the transfer of Mr. L.R. (Les) Johnson and his wife to Kimberley a farewell function was arranged by the Security Department at which Colonel F.J.J. van Dijk and his wife were present. Col. van Dijk is the Group Security Officer for SAS and De Beers, and took the opportunity that night to explain other transfers and promotions in the Department.

Les was born in Sea Point and his career up until the time he commenced his climb from the bottom rung to the top of the Security Dept. ladder was varied. From school to the Standard Bank, to the SAP, to CIM, to tobacco farming, to Williamson's mine in Tsaganyska to CIM. We believe that Les is the first man in the mine to start at the bottom and work his way to the top of any department.

Les and his wife Rita were keen members of the Yacht Club and Bowling Club, while Les was a member of the Cricket Club.

From L. to R. Colonel and Mrs. van Dijk, Les and Rita Johnson and Steve and Phyllis Meyer. Steve has succeeded Les as Chief Security Superintendent.



It is with sadness and deep regret that we have to record the death of Mr. F.J. (Sakkie) Groenewald on Sunday, July 29.

Sakkie came to CIM in 1952 as an electrician and worked in all the electrical workshops on the mine at one time or another. He was promoted to Leading Band Electrician in 1965.

He was due for retirement on October 18, this year.

Our sympathy goes out to his wife, two daughters and his three sons.

It was my privilege to have worked with the late Sakkie Groenewald for 15 years. He was one of my close friends both at work and in social life. He



was a good family man and was interested in the sporting activities of the young people of Graanewald. He trained many youngsters in bowling and had a few champions to his credit, amongst these his eldest son, Herman who was a Western Province champion.

An excellent shot with a .303 rifle, he was Chairman of the Rifle Club as well as the Shooting Club for many years.

Sakkie will be sadly missed by himself and his fellow workers. He was known for his quick wit and good sense of humour.

Our deepest sympathy to his wife and family on their tragic loss. As Sakkie would have said: "So near, yet so far."

ORANJEMUND DIARY

64 Pat Honeyborne

NOV. 1960. CIVILIAN WEIRD ARTICLES ON DISPLAY. The local store is carrying an interesting wacky display of articles made by the civilian blind of South Africa.

The display contains a variety of baskets from the family size lunch basket through a whole range of flower baskets to the humble but very useful waste paper basket.

There are a number of tea and other trays and a very useful magazine-and-newspaper rack. Apart from the cane work, cushion covers and plastic sets are also displayed. The idea behind the display is to encourage the public to buy the products of these handicapped people and thus help them towards a measure of self support.

NOV. 1960. YACHTING: In the re-race for the 4th leg of the Championship Race Bowl on Sunday, Mr. Bill Sissons, skipper an Andy, took the first place on his time handicap. His closest rival was an Enterprise skippered by John Wright.

The race, in which four Enterprises and one Andy took part, was exciting right from the start. There was a wind speed varying between 15 and 17 knots, due south.

John Wright's Enterprise took the lead and opened up, running before the wind. The Andy followed close behind and within the Enterprise could do could shake the Andy off. The Andy maintained its position by sailing close into the wind.

Both skippers displayed excellent seamanship. Although the Enterprise was the first to reach the finishing point, the Andy was declared the winner on its time-handicap.

Len Lewis acted as crew to Bill Sissons while Bill Mitchell crewed for John Wright. Aubrey Baker also skippered an Enterprise with his wife as crew, capsized on a sharp turn and had to be towed back by the rescue launch.

NOV. 1960. HOWLING GUNNS OPENING: Oranjemund's bowling greens, which have been closed for repairs for about two months, were opened on Sunday with a "regular" which was won by Fred Norster.

More bowlers turned out for the opening than the greens could accommodate. No. 2 green has been replanted with grass but is not yet open for play. Aneways have been built over both estrances. Goathangers have replanted the pegg round the greens and more substantial abutments have been provided.

NOV. 1960. R.O.'s BY GOLF BALLS: While playing his ball from the rough on the third fairway last Sunday, Mr. C. J. Opperman of the Cusack Golf Club suddenly saw stars shooting out in all directions. He then saw an anxious face peering into his and someone enquiring after his health. He found himself lying flat on his back. A shrilling head added to his bewilderment.

The anxious face informed him that he had been struck on the head by a golf ball driven by another player who had not seen his coming out from the rough.

After being helped to his feet, Charley continued with his game, but he must have wondered what sort of game he had got himself mixed up with - he only joined a month ago.

NOV. 1960. WOMEN WIN BOWLS MATCH: There were six starters for the 5th leg of the South West United Agencies Cup at the Government Lecht Club on Sunday morning.

Weather conditions were extremely poor, thick mist hanging over the yachting lake. Visibility was reduced to about 200 yards and there was practically no wind. The committee launch had to be sent out to the opposite end of the lake to check on competitors rounding the end buoy as these were completely hidden from the clubhouse bridge by the mist.

A motor launch followed the yachts round the course

in case of accidents which could not be seen from the bridge.

Two yachts, both of the Enterprise class, were skippered and crewed entirely by women. Both were expertly handled and both outclassed the other starters. First lane was the yacht skippered by Mrs. Nina Strausz and crewed by Marina Monica Barnes.

The second boat was skippered by Mrs. Peggy Kilderslee and crewed by Mrs. Pearl Baker.

NOV. 1960. FIRST W.I.A. CONVENTION: The first exhibition held by the Oranjemund Branch of the Women's Agricultural Association was an unqualified success both as regards quantity and quality of exhibits and afternoon figures.

The various sections, seventeen in all, were all well represented and a formidable task awaited the judges.

The Baking, Canned Fruit, Preserves, Desserts and Icing sections had just about everything the commissioner could wish for. If the way to a man's heart is indeed through his stomach, then the exhibitors in this section must be ideally happy in their married lives.

The Knitting, Art, Needlework and Machine work sections caused one to wonder where these exhibitors found the time to produce the high standard of work exhibited.

Many of the exhibitors are busy housewives raising families and running homes. Perhaps the necessity of making dothings for fast-growing juniors has brought to light unsuspected talents.

The flower arrangements, poster and basket work sections showed to the full the unsuspected artistic bent of one's next-door neighbour.

The Scouts, Guides and Brownies, Scoutmasters and school kiddies had their own groups and individual sections to which they did full justice.

A large section was devoted to "The Man in the House". This section included photography, art, woodwork, models, leatherwork and various collections. Some of the woodwork items lead one to believe that their exhibitors had stazed their vocation and should have been specialists in the "Furniture-with-a-difference" field.

A Hungarian restaurant in the entrance hall supplied the hungry with good things and nobody went away empty.

NOV. 1960. SUDDEN DEATH OF MR. TEG MUNGLE: The sudden death following a heart attack of Mr. Teg Mungle has come as a shock to his many friends.

Teg was having a quiet drink with his friends at the Recreation Club on Friday evening when he suddenly collapsed and died. He was 42 years old and leaves a wife and three young children.

NOV. 1960. 'SIXTEEN BATTER DOWN AT NIGHT': From now on until the end of summer, the Oranjemund Swimming Bath will be open every evening, except Sundays, until 10 p.m.

The bath is free and it is expected that water-polo teams will again compete in the evenings as was the case last season.

The influx of students is usually an incentive in this direction.

NOV. 1960. RIFLE CLUB COMPETES: An unusual competition took place on Saturday afternoon. The Rifle Club competed with the lady brother, the Small Bore Rifle Club on the 500 yards Rifle Club Range and the 25 yards Small Bore range.

Each team won on its own range but the overall scores put the Rifle Club up to 10 points.

The best overall scorer on both ranges was Pat O'Brien

with 182 points out of a possible 200.

Best scores on the .303 range were Tony Kemp and Pat O'Brien each with 94 points out of a possible 200.

Best scorer on .22 range was Bob Burdett with 99 points out of a possible 100.

Mrs. Martie Hall was the only woman competitor on both ranges. Although she had never handled a .303 rifle before, she knocked up 80 points on the 500 yards range and 92 points on the .22 range - a better score than some of the male competitors.

The competition was followed by a breakfast for both clubs at the Small Bore club house. The monthly "epson" prizes won by members of the Small Bore club were presented during the evening.

Mr. Edgar Bell was the recipient of three spoons while Mr. Eddie Andie qualified for one. Mrs. Martie Hall won the spoon for the ladies' section.

Flairings in the "Och Handicap" competition were as follows:

(1) Mr. V. Klugstedt, (2) Edgar Bell, (3) Mr. Bob Burdett.

DEC. 1962: ORANGE RIVER FISHING AGAIN: After months of seeing sand dunes build up in the bed of the Orange River, and the river itself shrinking from a thin trickle to a series of disconnected pools of water here and there, Orangevonders had the thrill of seeing a wide wall of water come sweeping down the dry river bed last weekend.

The mouth of the river being closed by a sand bar, the stream of chocolate coloured water spread out in ever widening areas until the Consolidia Golf course was completely inundated and motorists at the beach and the Yachting lake were cut off from the beach road.

Whereas the turf golf course was turning brown and dusty from lack of water, pumps are now working day and night to empty the lake which has formed across its fairways.

DEC. 1962: YELLOWETS AT ORANGEVONDERS! The eyes of some of Orangevonders' rod-and-line fishermen almost popped out of their heads on Saturday at their first sight of a yellow-fish weighing about 340 lbs.

The fish, however, was not caught at Orangevonders but was brought here by the visiting Inberita sportsmen.

The local African hostel was the only place where a fish of this size could be properly cut up on a rotary band saw, and then only after certain adjustments had been made to the machine.

The faces of the Orange kitchen staff were studied in expression as the huge fish was carried in by three men.

DEC. 1962: PIPELINE MAKING HEADS! The ship which is to lay Orangevonders' undersea pipeline is now offshore at Orangevonders.

The L.M. "Seapiper" of 850 tons, commanded by Capt. J. MacArthur, is now getting down marker buoys attached to 47 ton concrete blocks and an anchor to prevent them drifting.

When the buoys have been positioned and anchored, "Seapiper" will return to Cape Town to have a 150-ton winch fitted.



We rather liked the notice that appeared outside a London beauty parlour:

"Gentlemen are respectfully reminded that it is dangerous to smile at, or attempt to make conversation with, any beautiful young lady emerging from this salon. She may be your mother-in-law."

This winch, one of the largest in the country, is expected to arrive from England about mid-December.

The hauling of the pipeline from the shore to the ocean bed will take place towards the end of January.

The first tanker is expected to discharge into the pipeline sometime in February.

DEC. 1962: WAS BOUND OFF THIS YEAR: The Orangevonders branch of the W.A.L.F. rounded off the year's activities with a social evening in the Community Hall. The hall was beautifully decorated for the festive occasion and each member brought a small gift to exchange with another member.

The gifts were collected and labelled in pairs, i.e. "Bread and Butter", "Wash and Jell" etc. Then they were all mixed up and handed round. The idea being for the recipient of the "Bread" gift to find her complementary another the "Butter" gift, and to exchange the gifts.

The meeting was well attended and was made all the more interesting by an excellent slide show put on by George Magnus of his European continental tour, of Pretoria in January time and of his recent South safari.

After refreshments the meeting concluded with the singing of "Silent Night" in German.

How would you like to retire on R30 000?

Here's an example - just R10 a month from the age of 25 will bring you over R30,000 at 65, assuming a corpus and income growth of 7%.

See Life's philosophy of "Living Smarter" outlined in your exact needs has convinced thousands of people to take action early and reap the benefits when they most need them - at retirement. Let's have a chat about your ambitions for the future.

Telephone

Neil van Eeden,

at Sun Life of Canada, Orangevonders 174.

A little planning now will bring its rewards.

I should like to know more about your Plan, without incurring any obligation.

Name: _____

Address: _____

SUN LIFE OF CANADA



CLASSIFIED ADVERTISEMENTS

Readers wishing to insert advertisements in these columns should forward the contents, in writing, to either the S.A.P. Building Society offices (next to the Mens' Hair-dressing Salon) or to The Editor, Box 35, Orestjensrud.

These advertising services are free.

FOR SALE

FOR SALE

Fish apartment
Bath with stand For cash
Phone 237

FOR SALE

High gram 340
Phone 351

FOR SALE

One Scaletric set (No. 31)
One transformer
Two hand controls R15
Two cars, one needs repair. For cash
Apply 170/170A
or phone 209 between
6 p.m. and 6.30

WANTED

WANTED

Slide projector Phone 345

WANTED

Book case Phone 717

WANTED

Hi-Fi set Phone 717

LOST

A boys silver coloured TOMEK watch.
Lost about July 20. Reward offered.
Phone 602.

CARAVAN FOR HIRE

CARAVAN FOR HIRE, fully equipped & berth. Towing to any site within 30 km of Cape Town can be arranged. Small deposit, cheap rates.

For details apply to:
D. Grandier,
P.O. Box 5060,
Cape Town.

ACCOMMODATION

ACCOMMODATION IN LODGERIES

You will find cheap and comfortable accommodation in lodgeries at

Nov. K. Hoff,
Box 431,
Phone 399,
Loderite

Tariff: R2,00 and R2,50 per night.

PERSONAL MESSAGES

Hiernes will one set graag totiesen of aan al ons vriende embesmede wat ons nie persoonlik kan groet voor ons vertrek nie. Ons wil ons, ons dank heilig tenoor die bestuur, sekuriteits afdeling en Hospitaalpersoneel vir hulle hulp en bystand verleen tydens ons verblyf in Orestjensrud.

Jack, Kees Sennings en
Kladders.

PERSONAL MESSAGES

Doug and Sylvia Solace would like to take this opportunity to say goodbye to their many friends they were not able to say farewell to personally. We have enjoyed our 483 years here and thank Management, Seniority, the Hospital staff and the people of Orestjensrud for making our stay so pleasant and comfortable. We shall never forget you. Do come and see us if ever you are by our way. Our new address will be:

105 Oak Avenue,
Premier Mine,
Collinwood, Transvaal.

TO THE LADY OULDFRO

I wish to say a very big thankyou to all of you for the two beautiful christenings and the wonderful send-off you gave me at the Golf course on Wednesday, July 11. It meant a great deal to me.

Sylvia Solace.

TO THE ORESTJENS RUD FLATIES

Thankyou all for the most enjoyable farewell party that you gave in my honour, as well as the lovely "Good-bye Ware" gifts. I shall never forget the great times we spent together at the little Theatre.

Sylvia Solace.

TO THE LADIES OF ORESTJENS RUD

I don't know how to begin to thank you all for the fabulous party and send-off you gave me. The snacks were terrific, not to mention the beautiful silverware gifts you gave me. I shall always treasure them. You will simply have to come to dinner so that I can show them off. Thankyou all once again for coming and making it such a memorable evening for me.

Sylvia Solace.

A LINK WITH THE PAST

We received a letter the other day from Ray Teadon, now retired. He told us that he and his wife are now managing the DeMall Country Club in Natal. Any old-timer passing that is very welcome to call and see them.

MONTH END MONEY SAVERS

TOILETRIES

HUDSON ISSUES 2ply 24c

WHAT'S IN
THE
SHOPPING
CENTRE





MOUTH-END MONEY-SAVERS IN THE GROCERY DEPARTMENT

Mrs. Ball's Chutneys - Tomato/Wild Peach/Hot, 385g, 23c
 Lion Brand Pearl Barley 500g for 8c/ Green Split Peas 500g for 13c
 Lion Brand Soap Mixture 500g for 11c

NOW AT LAST - SIX MONTHS TO PAY

The ORANZEMOND SHOPPING CENTRE now offers extended credit facilities on goods such as:

WASHING MACHINES
 VACUUM CLEANERS & POLISERS
 ELECTRICAL TOOLS & ACCESSORIES
 RADIOS & 18-PT'S
 CONSUMER SERVICES
 and other selected items

Call to see and get the details from any of the departments concerned.

NO DEPOSIT

NO INTEREST

MONEY-SAVERS IN FOOD-LINES

Becker Brews - 100g - 18c
 Bournville's Breakfast Mixture - 250g - 30c



Bovary Instant Coffee - 250g - 40c
 Colman's Instant Coffee - 250g - R1.11

Price Tea Bags - 100 for 14c or 50 for 27c

Bournville Cocoa - 500g for 50c



CONFECTIONS - JUST UNPACKED - Free NIVEA - a large selection of Christmas gifts including vanity cases filled with cosmetics for only R25.15

Also free MAX FACTOR - lovely gift sets to suit any occasion.



MOUTH-END MONEY-SAVERS IN THE GROCERY DEPT.

CLEANING AIDS - Sunlight Liquid 425 ml, 27c
 Ajax Scourer 11c

Why are our teeth troublesome?

(Continued)

Firstly ensure that your children's teeth are as strong as possible. Excellent and varying portions should eat a well balanced and varied diet with the emphasis on cereals, milk, butter and fresh fruit and vegetables. Vitamins and mineral supplements are important during pregnancy and for babies after birth.

From early childhood try to avoid too much sugar. If mother permits the endless sipping of sweets and biscuits throughout the day, and father presents the child with a bag of toffees at bedtime, they are to blame for a lot of the dental damage to their children's teeth, although many parents do not realize this.

Some parents do this in ignorance, others, unfortunately, because these methods afford an easy way of bribing or cajoling children into good behavior. Children are naturally fond of sweets, but excessive indulgence leads to an unattractive craving for them.

Let me demonstrate in a simple graphical way, how the rate of tooth decay is increased by a child eating at odd times during the course of the day. You will recall that I mentioned that eating in the mouth is the precursor of dental decay. Without going into the chemistry of it, let us assume that tooth enamel decalcification will occur under an arbitrary figure of 5. This figure is always exceeded of real time.

Here are a few simple rules for parents to follow with their children. If they are observed by everyone, our dental problems would be considerably diminished.

- (1) If you feel you must give your baby a dummy, (they are verily not necessary), never dip it in honey, condensed milk etc., especially after the front teeth have erupted.
- (2) Nothing should be given to eat, in bed at night. This rule should be strictly enforced. Teeth are particularly vulnerable to decay while the child sleeps. The flow of saliva, and movements of the tongue and lips, which exercise a natural cleansing action on the teeth, are inactive at night. Therefore, food can stagnate undisturbed and cause considerable damage.
- (3) Some sweets are more harmful than others. Chocolate appears to be the least dangerous to teeth. It is quickly dissolved in the mouth. The worst are sticky toffees, caramels, cheap penny gobstoppers, and long-lasting types of sweets.
- (4) After eating sweets of any kind the mouth should be rinsed vigorously with water.
- (5) Try to control the eating of biscuits etc. in between meals.
- (6) Fizzy drinks and so-called "energy drinks" containing glucose, are usually acid, and contain large amounts of sugar. Give them, only at meal times. See that the mouth is rinsed afterwards.
- (7) Teeth should be kept as clean as possible. They should be brushed, under parental supervision if necessary, immediately after breakfast, and after the last food or drink at night. Ideally after lunch as well.
- (8) Some foods clean the teeth naturally. Apples, celery, raw carrots are everyday examples. Get the children to eat a small piece of one of these at the end of each meal.

(9) From the age of about 2½ years take the children for regular dental examination.

TEETHING

Permanent teeth start to erupt at about the age of six years. The first to come into position are the "two year old molars", which erupt at the base of the "two year old baby teeth". Parents often think that these are additional babyteeth and neglect them, thinking that they will be shed at a later date. This is a grave mistake.

When these teeth are erupting, the child may complain of pain at odd times, particularly at night, but on the whole, very little discomfort is experienced.

Observation of babies, when they are getting their six teeth, does indicate that there is more pain and general upset to the child's health. Thus the normal process of teething may have some troublesome side effects. Pain is caused by irritation and inflammation of the gum as the tooth approaches the surface.

The teething baby is often fretful, cries frequently and tries to bite its fist. The child drinks a lot, refuses food, and is restless and sleepless at night. The child may develop a rash on the side of its face where the teeth are actively erupting, or the one which appears to have more volume than the other.

These are the true signs of teething, and they may lead to digestive upsets with occasional vomiting and loose stools. The child may stop putting on weight for a while and may have a slight rise in temperature.

The gum over the erupting tooth is often swollen and red. Shortly before the tooth appears, it may have a bluish tinge appearance.

Teething powders may possibly have been the direct cause of such needless poisoning of children in the past. The dangerous ingredients have now been removed from the products by the manufacturers. They are today quite harmless, and equally completely useless.

A quarter of an aspirin, repeated once or twice, if necessary, is very effective for a baby, between six and eighteen months old, who is having teething troubles. If the child is, however, still restless something more effective can be prescribed by your doctor or dentist.

Putting a hard object seems to bring some relief. A soft dummy teat is useless. A plastic teething ring is much better, but probably the best of all is a stick of good old "beare biscuits".

To my mother, cutting of baby's first tooth is a notable event, but the exact age at which it should occur is really of no consequence, because the limits of normal variation are very wide. Some babies start as early as four months, others may not begin until they are a year old or more.

THE CARE OF BABY TEETH

Parents often ask me, "My bother to have these baby teeth?". "After all, they are only temporary". These so-called temporary teeth have got to last a child from the first or second year of life, until the age of eleven or twelve years.

In this country, at the age of six years only 15 per cent of children have sound teeth. At the age of

twice the figure has dropped to one in two hundred. A most appalling state of affairs.

Should milk teeth be treated and conserved? The answer is a very emphatic - YES. First of all, if they are neglected, the teeth become painful and the child does not chew properly, or refuses all but the softest foods. If he does not chew, and thereby exercises his gums he is going to have trouble with his gums as he grows older, and may lose his permanent teeth early in adult life.

If baby teeth are left until the child complains of severe pain, the process of decay has usually progressed so far, that it is difficult or perhaps impossible to save the tooth. If the offending tooth is removed, the mother usually sympathizes with the child by saying ".....There now, my poor darling, now all your troubles are over". But they are not. As always, with nature there is a way of reworking.

The first permanent tooth to erupt, is the first molar, at the back of the mouth, behind the milk teeth. If the baby molar teeth have already been extracted due to decay, there is nothing to hold the permanent molars in position, so they tilt and drift forward. The four permanent incisor teeth erupt into the front of the mouth at the age of seven to nine years. In between the four molars and the first molars there later erupt one canine tooth and two premolars. If the first molar has come forward, due to early loss of baby teeth there is not enough room for these teeth. This is the commonest reason for a jumble of uneven front teeth, which so often spoils a pretty smile.

There is even more to come. Even if you do not consider appearance important, the very fact that the teeth are all crowded, means more spaces where food can stagnate.....this means a higher rate of tooth decay, and a tendency to infections of the gums.

Sometimes, orthodontic treatment to straighten crooked teeth, by judicious extractions to make room and the use of appliances which push the teeth gently into position, can help a great deal. However, much of this treatment would not be necessary at all, if temporary teeth were properly maintained.

So, if you want to avoid trouble and inconvenience to yourself on account of your children's teeth - take the child for dental examinations from an early age. Begin at about two and a half years. At this age there is usually nothing wrong with the child's teeth, but it gives the child a chance to develop some confidence in the rather awe-inspiring and gadget-filled atmosphere of a dental surgery. To say nothing of the frown in the white coat. Children always associate white coats with jobs in the arm or hospital.....they are always agreeably surprised when, at the end of the visit, this has not taken place.

On subsequent visits, if dental decay is detected, it usually only involves a small area of the tooth and so the filling is rapidly completed. Once this routine is established, the majority of children become ideal patients.

In contrast, if a child is dragged to the dental surgery, by an equally nervous parent, for the first time, after being awake all night with howling toothache - to say the least of it, the situation is fraught with difficulties.

When bringing your child to his or her first appointment be careful how you inform the child about it.

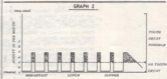
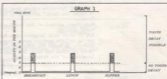
Children have more intelligence than is usually credited to them.

Never, but never, say "If you are a brave little boy, I will give you an ice-cream when it's all over". Immediately the child thinks - "I long to be brave to see this chap". "If I have got to be brave, I am going to be hurt". End of tranquil appointment, and the dentist has to work twice as hard at getting the child's confidence.

On the other hand do not be overtruthful to the child. Do not say "we are going to a birthday party at the hospital". The child immediately becomes suspicious. Just say plainly and simply "I am taking you to see the dentist, and he is going to look at your teeth".

Also another small point to remember, if you must relate all the gory details of when you had all your teeth out, to your friends, do so when the children are out of the lounge.

Finally, if parents will take heed of what I have said in this article, and endeavor to carry out the advice I have offered, it may mean a little extra work and care, and perhaps some inconvenience. It does however, have its rewards. When your heavy-eyed neighbour says "We were up all night with young Johnny, who was climbing up the wall with the most diabolical toothache". In any case, nobody likes to see a child in pain.



Graph I shows the ideal of only eating three conventional meals a day. The length of time when hyperacidity occurs in the mouth is quite small during the course of 24 hours.

Graph II demonstrates what happens when a child is constantly snacking at sweets and biscuits, in between meals. The actual length of time of hyperacidity in the mouth, is greatly increased over 24 hours. The end of Graph II demonstrates how acidity is prolonged, if the child eats in bed, and neglects to clean his or her teeth before going to sleep.